#### **DEAR PARENTS**

# HOW ARE YOU GOING?



## YOU'RE NOT IN THIS ALONE

If you're trying to juggle working from home and overseeing your kids schooling at home, WE FEEL YOU and we want you to know that you're not in this alone.

We want to know if your job or business has been at all affected by the recent social distancing measures. We want to know if anyone in your family is unwell or if you have any physical, financial or medical needs or need help navigating anxiety or mental health challenges.

## MAKE THE BEST OF THIS TIME

All of the other kids and families are in the same boat, this season isn't about perfection, it's about making the best of what we've got and loving each other along the way :)





### DRAW NEAR TO GOD AND TO ONE ANOTHER

Now is the time to draw near to God. Praying first thing in the morning, praying at the end of the day, making sure you're taking time to journal, read your bible and pour out your feelings and worries to God. Let's fill our houses with worship music and be standing on the

word of God!

THIS TOO WILL PASS

This season won't last forever and God is still in control. God isn't surprised by COVID-19, and God is still here for us and our lives are still safe in his hands even in the midst of this storm. God still cares for you and your family and he is our ever-present help in times of need!



Please let us know if there is anything we can do to help you and your family in this season. We need each other more now than ever before! Can I encourage you if you are not currently part of a Cell/ Care Group to join one?

#### WITH MUCH LOVE FROM YOUR PASTORS